



Adaptive Dance

7th period: 2:10- 3:00 (Virtual)

1:44- 2:35 (Face-to-Face)

Welcome to Adaptive Dance! I am so excited to be teaching this class this year.

This year we will be following themes each month with our dances. These dances will be recorded for our virtual dancers and are easy to follow and will have modifications that are clear and easy to follow.

Themes for the year:

August and September- Line Dances

October - Thriller

November- Jazz

December- Winter Wonderland

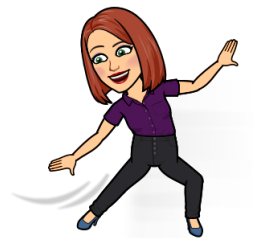
January- Basketball

February- Valentines

March- Happiness is key!

April- Showtunes and Musicals

We will work on 2 dances a month to give the dancers some variety and we will have some “special requests” days where our dancers can have some fun and share their personal favorites and we will learn their dances.



If you have any questions please feel free to email me at; JEdwards@Dickinsonisd.org

My work number is: 713-299-7874

My conference period is from 10:20 to 11:10 during virtual classes and from 9:21- 10:11 when we are face-to-face.

